Heart to Heart International delivers hope and healing to those affected by disasters and crises worldwide. After Hurricane Ian in 2022, HHI provided healthcare for hundreds of people, including many children, in under-resourced communities in Florida.
Heart to Heart International expanded its efforts and improved access to healthcare for thousands of under-resourced people last year, thanks to your unwavering support!

As we reflect on 2022, we are truly amazed by the positive differences your contributions made possible. From the number of individuals we reached to the amount of medicine we distributed, your support played an essential role in our success. Here are just a few examples:

**UKRAINE** – In response to Russia’s invasion of Ukraine, we delivered more hygiene kits than ever to those in need. More than 130,000 kits were distributed in Ukraine and neighboring countries, offering disease prevention as well as hope and encouragement to those struggling amidst the conflict. We also installed 15 portable, stand-alone health clinics throughout Ukraine to provide medical services to those with limited access to healthcare.

**HURRICANE IAN** – Our disaster response team and mobile medical vehicles deployed to an area of Florida devastated by Hurricane Ian in September. Our medical team provided medicines, supplies, hygiene kits and treatment to people in under-resourced counties.

**KENTUCKY FLOODING** – Using our mobile medical vehicles, medical providers traveled to hard-to-reach communities in eastern Kentucky to deliver life-saving healthcare to families who couldn’t leave their homes due to record flooding in August.

This annual report reflects the countless lives that have been positively impacted through our collective efforts and our record-setting year of service.

We are excited about the continued growth we anticipate in 2023, and we are immensely grateful for donors like you whose ongoing generosity and support enable us to make a meaningful impact in the lives of those we serve.

Sincerely,

Kim Carroll
President & Chief Executive Officer
Heart to Heart International
Ukraine Crisis Response

- **$95 million** in aid provided
- **270 tons** of medicine delivered
- **15 portable medical clinics** sent
- **138,000 hygiene kits** distributed

Heart to Heart International acted quickly in response to the crisis in Ukraine, ultimately delivering $95 million worth of essential medical aid in 2022.

The aid included urgently needed medicines and supplies, such as antibiotics, pain relievers, diabetes medication and blood pressure medication, which were delivered to the Ministry of Health and other trusted partners on the ground.

HHI also provided 15 portable medical clinics to offer healthcare services in areas with damaged healthcare infrastructure and overwhelmed healthcare facilities.

Additionally, HHI distributed 138,000 hygiene kits in Ukraine and the surrounding countries to refugees and internally displaced people. The kits were distributed in partnership with multiple aid organizations working in and around Ukraine.

This comprehensive response and the ongoing provision of aid addresses both conflict-related injuries and existing health conditions and demonstrates HHI’s steadfast commitment to helping improve healthcare access for those affected by the crisis.

“Delivering hygiene kits is a way of bringing to people hope. A way of letting people know someone is thinking about them and supports them.” — Ivan Hontar, Foundation Director of an IDP help center in Ternopil, Ukraine. Hontar has distributed tens of thousands of hygiene kits to refugees and those living in towns destroyed by Russian bombings.

The portable, stand-alone medical clinics offer secure and private facilities for medical staff to provide routine medical check-ups, medication refills, and urgent treatments. One emergency case involved a community member who shielded their mother during a bombing, sustaining shrapnel injuries to the chest. The patient received prompt medical attention at HHI’s mobile health clinic in Kherson before being stabilized and transferred to a hospital for further care.

Aid delivered to all 24 regions (oblasts) in Ukraine.
Heart to Heart International’s Access to Medicine program provides vital medications and supplies to underserved communities globally. Through strategic partnerships and stringent quality standards, the program increases access to healthcare, ensuring that life-saving medications reach those who need them the most.

Amatitlán Health Center in Guatemala receives donations of medicines and supplies from HHI through its partner Food For The Poor. The organization’s local representative Mónica González expressed gratitude for HHI’s donations. “Thanks to this generosity, the center will be equipped with supplies so that they can support people with limited resources.”

**Medical Aid Distributed**

- **582** shipments
- **35** countries
- **38** U.S. states
- **764** tons
- **$226.4 Million**

In 2022, HHI provided rapid and effective assistance to communities affected by disasters around the world. The highly trained and dedicated Disaster Response Team delivered critical medical care, emergency supplies and humanitarian assistance to communities impacted by natural disasters, such as hurricanes, earthquakes, floods, and wildfires, as well as human-caused emergencies, including conflicts and refugee crises. The responses included volunteer medical teams on the ground as well as shipments of critical medicines and supplies. Collaborating closely with local partners and authorities, HHI’s swift response and strategic coordination bring help to those in need and provide relief and hope in the midst of challenging circumstances.

**Disaster Response**

- **14 Disasters**

  - During HHI’s two-week response in Arcadia, Florida, after Hurricane Ian, a young woman with diabetes visited our clinic multiple times. She required insulin but couldn’t obtain it from her pharmacy, and her home lacked electricity to keep it refrigerated. Fearing she would have to ration her insulin, HHI’s medical team provided her with life-saving doses until her home’s power was restored.
The Hygiene Kit program at HHI has been instrumental in providing essential hygiene supplies to people in need around the world. With a record number of 236,805 hygiene kits distributed in 2022, HHI has delivered hygiene supplies to refugees, disaster survivors and underserved populations. These kits, containing items such as soap, toothbrushes and shampoo, promote good health and improve sanitation practices, especially in emergencies where access to clean water and basic hygiene facilities may be limited.

Nyima Kolley spoke on behalf of schoolchildren in The Gambia who received hygiene kits from HHI through its partner ChildFund. Nyima explained that “with the presence of the Internally Displaced Persons (IDPs), it was very challenging to us to share the little we have. Thank God that you have come to our aid. This will help to reduce the burden on families and promote good hygiene and sanitation in this emergency situation.”

Our Community Health team distributed hygiene kits at many of the health fairs it attended in 2022, including a back to school health fair in August.

Women and children in Pakistan were given hygiene kits along with other aid after severe flooding forced millions of Pakistanis from their homes.
In 2022, Heart to Heart International’s point-of-care laboratory installation program significantly improved healthcare access by installing modern laboratory technology in 10 safety net clinics across nine states. This initiative equipped these clinics with point-of-care laboratory equipment and provided training and ongoing support to clinic staff. As a result, these clinics were empowered to conduct timely and accurate diagnostic tests on-site, leading to improved diagnosis and treatment of various health conditions for underserved communities.

HHI’s Community Health Program focuses its efforts on enhancing the capabilities of healthcare organizations operating within under-resourced communities in the Greater Kansas City metro area. In 2022, our program achieved remarkable results by leveraging the expertise of our many partners, Community Health Workers and medical volunteers. Together, we administered more than 3,300 vaccinations and offered vital information and support in almost 4,000 patient interactions. The program’s participation in over 200 community health events allowed us to expand our reach, support our local partners and make a lasting impact on the well-being of the local population.

**Greater Kansas City**

**205 Health Events**

- **3,994** community health patient interactions
- **81** lab tests for blood sugar levels
- **3,372** COVID-19 and flu vaccines administered

**Testing**

- **10 Laboratories**
  - **9** U.S. states
  - **5,482** tests
  - **3,509** patients

> With the new HHI-installed laboratory at the Viola Startzman Clinic in Ohio, a man immediately received the lab results required for him to start a new job the next day. “He was in tears and thanked us because he was so grateful that his family was going to be able to have a Christmas.” – staff at the clinic

> Providing vaccines at health events in under-resourced communities eliminates transportation as an obstacle to receiving care.
Heart to Heart International achieved strong financial results in 2022, allowing the organization to expand its programs and provide more help to people in need. We are grateful for the support of foundations, corporations and individual donors who share our commitment to improving access to healthcare around the world.

This section details our current finances and illustrates how your support was put to work.

We form financial partnerships with corporations and organizations with specific expertise to maximize every dollar—this approach to stewardship allows us to leverage relationships and extend our funding.

Illustrating our commitment to accountability, HHI has earned a “Perfect 100” charity score by receiving full credit in all four evaluation categories and a renewed four-star rating from Charity Navigator, America’s largest independent charity evaluator. This top rating reflects our financial health and commitment to fiscal responsibility and transparency. 2022 is the fifth consecutive year we have earned the four-star distinction.

We extend the highest gratitude to our supporters whose generosity has enabled us to serve millions worldwide since our inception. We recognize and appreciate all of you who have taken the time to learn about and donate to Heart to Heart International.

### Financial Information

**Total Revenue**

<table>
<thead>
<tr>
<th>Year</th>
<th>2018</th>
<th>2019</th>
<th>2020</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>$230.8M</td>
<td>$385.6M</td>
<td>$252.6M</td>
<td>$289.8M</td>
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<tr>
<td>2022 Total</td>
<td>$283.3M</td>
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**Gift in Kind** (Donated Medicines and Shipping)

<table>
<thead>
<tr>
<th>Year</th>
<th>2018</th>
<th>2019</th>
<th>2020</th>
<th>2021</th>
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<tbody>
<tr>
<td>Total</td>
<td>$216.6M</td>
<td>$373.2M</td>
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<td>2022 Total</td>
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**Cash Donations and Other Income**

<table>
<thead>
<tr>
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<th>2018</th>
<th>2019</th>
<th>2020</th>
<th>2021</th>
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<tbody>
<tr>
<td>Total</td>
<td>$14.1M</td>
<td>$12.4M</td>
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<td>2022 Total</td>
<td>$14.3M</td>
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**Cash Donation Sources 2022**

<table>
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<tr>
<th>Source</th>
<th>Percentage</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Individuals</td>
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<td>$6,136,797</td>
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<tr>
<td>Foundations</td>
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<td>$3,724,255</td>
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<td>Business</td>
<td>17%</td>
<td>$2,214,055</td>
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<tr>
<td>U.S. Government</td>
<td>5%</td>
<td>$693,820</td>
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<tr>
<td>Clubs</td>
<td>4%</td>
<td>$596,532</td>
</tr>
</tbody>
</table>

$13.4M
Where We Work 2022 (Gift in Kind and Purchased Aid)

$226.9M

- **46%** Central America . . . . . . $103,521,725
- **41%** Ukraine . . . . . . . . . . . . . . . . . . . . $93,358,900
- **8%** South Asia . . . . . . . . . . . . . . . . . . . . $19,376,750
- **2%** East Asia . . . . . . . . . . . . . . . . . . . . $3,996,167
- **1%** Europe . . . . . . . . . . . . . . . . . . . . . $2,695,393
- **1%** United States . . . . . . . . . . . . . . . . . $2,418,983
- **1%** Africa . . . . . . . . . . . . . . . . . . . . . . $1,507,509

Program Expenses 2022 (Cash and Gift in Kind)

(Note: Program expenses are interconnected and overlap. Some Hygiene Kit expenses are included in Access to Medicine and Disaster Response.)

$234.4M

- **50%** Disaster Response . . . . $120,909,469
- **47%** Access to Meds . . . . $109,142,094
- **1%** Community Health . . . . $2,182,986
- **1%** Hygiene Kits . . . . . . . . . $1,269,656
- **1%** Labs . . . . . . . . . . . . . . . . . . . . . $847,924

Cash Expenses 2022

$11.8M

- **63%** International Programs . . $7,405,465
- **25%** Domestic Programs . . . . $2,923,251
- **7%** Fundraising . . . . . . . . . . $848,538
- **5%** Administration . . . . . . . $594,529

Total cash contributions $13,365,459
Total cash expenses $11,771,783
Ending net assets $70,259,945
OUR MISSION

Heart to Heart International seeks to improve healthcare access in the U.S. and around the world by ensuring quality care is provided equitably in medically under-resourced communities and in disaster situations.

OUR VISION

We imagine a world in which every person has access to a healthy life and every community has the capacity to make that access a reality.

A shoulder to cry on or a reassuring word can mean the world to someone who has been through a catastrophe. HHI’s Disaster Response Teams take the time to provide critical healthcare and ensure patients and families know that we care. (Hurricane Ian, Florida, 2022)