



## **TYPHOON HAIYAN/YOLANDA Deployment to the Philippines**

Thank you for your interest in volunteering with [Heart to Heart International](http://Heart to Heart International) in response to the recent disaster in the Philippines. We are deploying licensed medical volunteers to the Philippines in coordination with another relief agency already on the ground. We will take volunteers beginning Monday, November 18<sup>th</sup> 2013.

**This is difficult work and not for the unprepared! You will need to be prepared to operate on your own and assume you cannot resupply yourself. You will be going into a disaster zone and there is a risk to doing this.**

Once you have read this document and still wish to volunteer, please fill out our Medical Volunteer Form found on the web page you just came from.

Please email [hhivolunteer@hearttoheart.org](mailto:hhivolunteer@hearttoheart.org) with any questions.

**UNDERSTAND THAT THE INFORMATION BELOW IS SUBJECT TO CHANGE  
AS CIRCUMSTANCES WARRANT; THERE IS MORE INFO YOU NEED  
BEYOND WHAT IS IN THIS DOCUMENT**

### **FLIGHTS & TRANSPORTATION**

- Volunteers must provide their own transportation to and from the Philippines.
  - Keep in mind that traveling to the Philippines from the US takes approximately two days and there is a time change.
  - Volunteers will fly first into Ninoy Aquino International Airport in Manila and then take a short flight to the city of Cebu, or will arrive in Cebu from other airports.
  - Estimated cost is at least \$1,200 - but will vary depending on your departure location.
  - Volunteers will be met by a HHI staff member – Julie Hefner - in Cebu.

- From Cebu, you will travel by ferry and vehicle to reach the disaster zone, likely the city of Tacloban, one of the most affected areas in the Philippines.

## THINGS TO BRING

- **Be Prepared to work in a tropical environment – Rain, heat, humidity, mosquitos**
  - **Gear, provided by volunteer:**
    - Appropriate clothing for the duration of your deployment i.e. Quick-dry, Nylon travel-style clothing
    - Rain coat
    - Tent
    - Sleeping bag – tropical weight
    - Headlamp
    - Travel style towel
    - Backpack
    - Comfortable closed-toe shoes (boots preferably, with a steel shank)
    - Water bottle
    - Water purification tablets or similar
    - Food – dehydrated meals, MRE's, protein bars, etc
    - Mess Kit, etc
    - Work Gloves
    - Personal toiletries & medications (for duration of deployment)
  - **Your own medical equipment and kit**

## IMMUNIZATIONS

- Volunteers are responsible for all appropriate vaccinations needed for the Philippines.
- See: <http://wwwnc.cdc.gov/travel/destinations/traveler/none/philippines>

## MEDICAL EVAC INSURANCE

- Volunteers **must** purchase Medical Evacuation Insurance.
- We use: [Gallagher Charitable International Insurance Services](#).
  - Click "Volunteer Enrollment"
    - Username: **travel**
    - Password: **go**