

A YEAR OF REMARKABLE IMPACT

Heart to Heart
INTERNATIONAL
CONNECTING YOU TO A *world* IN NEED.™
2024 ANNUAL REPORT



DEAR SUPPORTERS,

2024 was a year of remarkable impact, and it was all made possible by you—our compassionate and dedicated supporters. Your commitment to improving global health access has transformed lives, delivering critical medicines, care, and aid to those who need it most.

At Heart to Heart International, we are committed to the responsible stewardship of your contributions. We recognize the trust you place in us and work tirelessly to maximize the impact of every dollar. This year has been one of growth, and we are excited to continue expanding our reach in the years to come.

Your support enables us to bring relief and hope to people experiencing unimaginable challenges, including those affected by natural disasters and violence in places like Sudan, Haiti, Ukraine, and Gaza.

The voices of those we serve speak volumes about the power of your support:

- 🇺🇦 **Ukraine:** “Your loyalty helps us not to give up and gives us the feeling of a reliable shoulder to lean on.”
- 🇸🇻 **El Salvador:** “Your donations of medicines and supplies sustain our clinic, supporting the most vulnerable children. Thank you!”
- 🇷🇺 **Zambia:** “Your help empowers children to grow healthy and strong, creating lasting change in their lives.”
- 🇺🇸 **North Carolina:** “We couldn’t reach the most vulnerable in critical times without your help!”

These are just a few examples of the tangible difference you’ve made. This report offers a comprehensive overview of the many ways your support has transformed lives around the world.

We are profoundly grateful for your partnership. Your support is the foundation of our work, and we are honored to continue this journey with you in 2025.

Sincerely,

Kim Carroll
Heart to Heart International, CEO



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IN 2024, HEART TO HEART INTERNATIONAL

(HHI) remained dedicated to its mission of expanding healthcare access worldwide. HHI addressed critical needs in communities facing disasters, crises, and resource limitations through a range of initiatives. These included delivering life-saving medicines and medical supplies, deploying medical teams, and installing laboratory technology in free and charitable health clinics. This annual report highlights how your generosity transformed lives and delivered hope for a healthier future.

MISSION STATEMENT:

Heart to Heart International seeks to improve healthcare access in the U.S. and around the world by ensuring quality care is provided equitably in medically under-resourced communities and in disaster situations.

VISION STATEMENT:

We imagine a world in which every person has access to a healthy life and every community has the capacity to make that access a reality.

Scan to watch a video all about this important initiative!



BEYOND THE STORM: LONG-TERM RECOVERY FROM HELENE AND MILTON

The 2024 hurricane season brought unprecedented challenges to the Southeast, with Hurricanes Helene and Milton leaving a trail of destruction across multiple states. Heart to Heart International mounted a comprehensive response, addressing both the immediate crisis and the long-term recovery needs of affected communities.

Hurricane Helene’s impact was particularly severe in western North Carolina, where historic flooding isolated entire towns. Just as these communities began to recover, Hurricane Milton struck Florida, bringing more devastation.

HHI’s response was multifaceted, leveraging our diverse programs to maximize impact:

- 📍 **Immediate Medical Care:** We deployed a medical team to western North Carolina to provide on-the-ground care in the wake of Hurricane Helene.
- 📦 **Essential Supplies:** We distributed over 50,000 hygiene kits to survivors across five states in the aftermath of Hurricane Helene, and an additional 12,000 kits to Florida communities affected by Hurricane Milton.
- 💊 **Medicine and Aid:** We shipped over \$2.2 million in medicines and essential supplies to support relief efforts.
- 🏥 **Long-Term Healthcare Support:** Recognizing the importance of sustainable recovery, our laboratory team installed point-of-care laboratory technology in Oceana Health, a clinic in Florida that had been impacted by Hurricane Milton. This new technology will enhance the clinic’s ability to serve their community for years to come. Support for a lab installation in a clinic affected by Hurricane Helene is ongoing in 2025.

This integrated approach—combining immediate relief with investments in long-term healthcare infrastructure—reflects HHI’s commitment to building resilient communities.





DISASTER RESPONSE

Heart to Heart International's Disaster Response Team mobilizes rapidly to deliver critical aid in the wake of disasters. In 2024, we provided hygiene kits, medicines, medical supplies, and mobile medical teams to communities around the world.

Dr. Gustave Wilde, a volunteer who served after Hurricane Helene, witnessed the impact firsthand. "Every client was so very grateful," he shared. **"Heart to Heart International provided not only much-needed medical care but showed my humble neighbors love, compassion, and an assurance that they were not forgotten."**

Our commitment to preparedness and rapid response, combined with the dedication of our volunteers, allowed us to bring both immediate relief and long-term support to communities in crisis.



ACCESS TO MEDICINE

Our Access to Medicine program provides essential medications to clinics and hospitals in under-resourced communities. This initiative ensures that patients have access to treatments for a range of conditions, including infections, cardiac issues, and thyroid conditions.

A powerful example of the program's impact can be seen in Honduras, where Nelly, a young mother with epilepsy, relies on Hospital El Progreso, which receives donations from HHI. In Honduras, as in many under-resourced settings, **high pharmacy prices create a barrier between patients and the medications they need. HHI's Access to Medicine program removes this barrier**, ensuring that Nelly and others with life-saving needs can receive their treatments.



19 DISASTER RESPONSES, INCLUDING:



HURRICANES

Helene, Milton, Beryl

SEVERE WEATHER AND TORNADOES

in the U.S. South and Midwest

VIOLENCE

in Haiti and Sudan

WAR

in Ukraine and Gaza

FLOODING

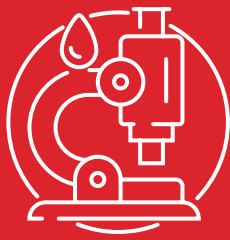
in Florida, California and Texas



\$250 MILLION in medicines and supplies shipped to **30 COUNTRIES** **34 U.S. STATES and TERRITORIES**

TOTAL: 66 MILLION DOSES of medicine

10 CLINICS RECEIVED LAB TECHNOLOGY, RESULTING IN:



7,106 tests performed

4,702 patients tested

1.2% average reduction in A1c results



5,407 INDIVIDUALS SERVED WITH:

41 partners

211 community service events



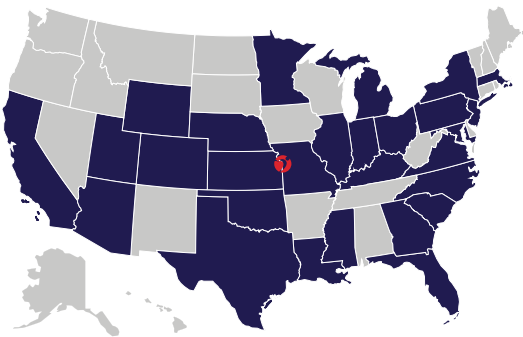
LABORATORY

In 2024, **Heart to Heart International's Laboratory program** transformed healthcare access in the United States by installing new point-of-care laboratory technology in 10 charitable clinics across seven states.

The benefits of this program are far-reaching. By eliminating the need for off-site testing, patients experience:

- ✔ **Reduced wait times:** Results are available within minutes, enabling faster diagnoses and treatment.
- ✔ **Lower costs:** Patients avoid transportation expenses and potential lost wages associated with multiple appointments.
- ✔ **Greater convenience:** All aspects of care, from testing to treatment planning, can be completed in a single visit.

This technology is particularly impactful for patients with chronic conditions requiring regular monitoring. For example, Antonia, who has a clotting disorder, previously had to visit the hospital weekly for lab work. Now, her local clinic can provide both the necessary care and the immediate test results, significantly improving her quality of life.



A total of 57 labs installed in 28 states since the program's beginning.



COMMUNITY HEALTH

Our Community Health program improves access to care by bringing essential healthcare services directly to where people live, work, and gather, offering crucial interventions like vaccinations, vision screenings, and diabetes (A1c) testing at local events.

Notably, our A1c testing initiatives revealed a startling statistic: **80% of individuals with abnormal A1c levels were previously unaware of their condition.**

During one event, we identified a man in his 20s with dangerously high A1c levels. Thanks to our established partnerships with local healthcare providers, we were able to immediately connect him to the necessary care, preventing potentially severe complications.

This experience, and others like it, directly led to the creation of our new Diabetes Reduction Program.

HHI goes beyond simply providing testing; we are committed to ensuring comprehensive follow-up care and ongoing support, empowering individuals to manage their health and achieve healthier outcomes.

2024 BY THE NUMBERS

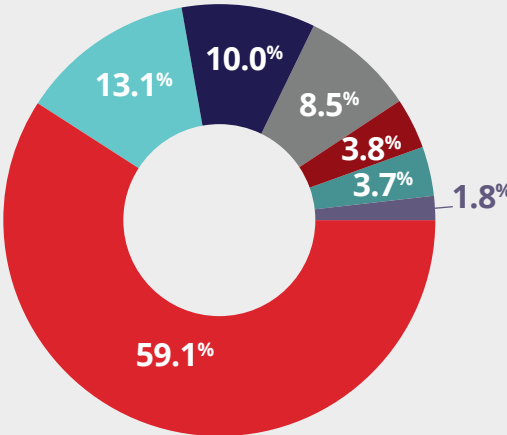
Heart to Heart International is committed to financial transparency and the responsible stewardship of every donation. This section of our 2024 Annual Report details our financial health and demonstrates how your contributions translate into impactful programs that expand access to critical healthcare services around the world.

The support of our foundations, corporations, and individual donors has been essential to our growth and our ability to reach more people in need. We are proud to have earned Charity Navigator’s highest rating—four stars—for the seventh consecutive year in 2024. This score reflects our enduring commitment to sound fiscal management and accountability.

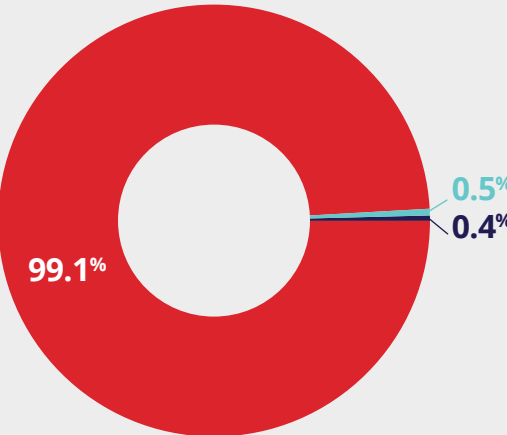
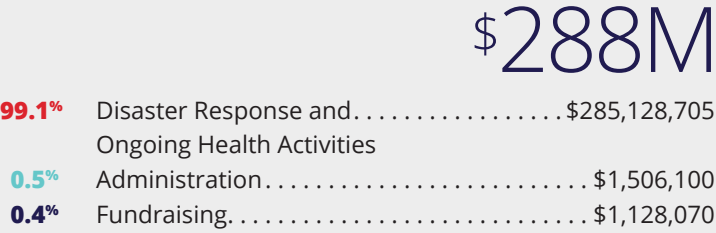
We offer our sincere thanks to all who have supported HHI. Your trust and generosity make our work possible, allowing us to serve millions globally. We deeply value your investment in our mission.



Where We Sent Aid in 2024 (Gift in Kind, Purchased Aid, and Grants)



Expenses (including Gift in Kind)

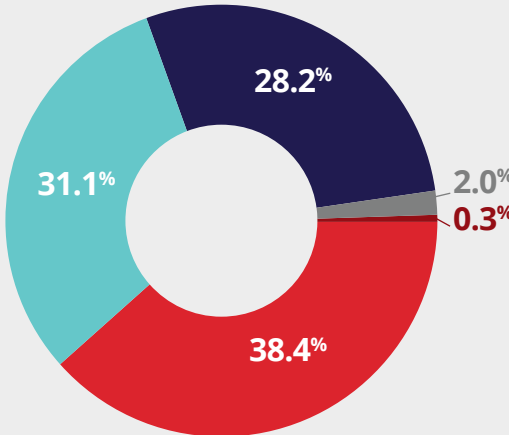


Consolidated Statement of Financial Activities

Support and Revenue	2024	2023	2022
Gifts in Kind	\$222,060,884	\$402,310,537	\$269,582,839
Cash Contributions	\$8,752,169	\$7,576,181	\$14,363,615
Program Revenues	\$1,440,348	\$14,406,530	\$12,561,046
Investment Income, Net	\$571,437	\$106,732	\$23,098
Other Revenues	\$912,926	\$4,899,153	-\$82,881
Total Support and Revenue	\$233,737,764	\$429,299,133	\$296,447,717
Program Expenses			
Access to Medicines	\$276,064,619	\$245,514,568	\$152,841,027
Disaster Response	\$5,636,572	\$151,004,456	\$121,090,002
Community Health	\$525,615	\$854,970	\$2,008,190
Labs	\$2,005,020	\$1,179,327	\$2,174,770
Hygiene Kits	\$896,879	\$756,861	\$454,671
Patient Assistance Program	\$0	\$12,757,437	\$9,751,305
Total Program Expenses	\$285,128,705	\$412,067,619	\$288,319,965
Supporting Activities			
General and Administrative	\$1,506,100	\$3,035,775	\$2,716,602
Fundraising	\$1,128,070	\$983,361	\$846,977
Total Supporting Activities	\$2,634,170	\$4,019,136	\$3,563,579
Total Expenses	\$287,762,875	\$416,086,805	\$291,883,544
Change in Net Assets	\$(54,025,111)	\$13,212,379	\$4,564,173
Net Assets, Beginning of the Year	\$80,908,575	\$67,696,196	\$63,132,023
Net Assets, End of the Year	\$26,883,464	\$80,908,575	\$67,696,196

*The notable increase in Gift in Kind revenue for 2023 is primarily attributed to a significant donation of medicines received in December and distributed shortly thereafter (late 2023 and early 2024). This one-time high-value donation accounts for the variance observed when comparing to 2022 and 2024 figures.

Cash Contributions 2024



HYGIENE KITS

Hygiene kits are at the heart of our mission, meeting urgent needs and restoring hope for people in crisis. These kits contain essential items that enable individuals and families to maintain basic hygiene and sanitation, promoting health and preventing the spread of disease in vulnerable settings.

In 2024, we distributed kits around the world to people impacted by natural disasters, violence and poverty.

- 📍 **In Gaza**, displaced women shared how the kits restored dignity and empowered them to manage hygiene with privacy.
- 📍 **In Ukraine**, they reached war-injured civilians and displaced families in hospitals, shelters, and schools.
- 📍 **In North Carolina**, hurricane survivors who lost their homes found comfort and relief through these essential supplies.

Whether in the aftermath of a natural disaster or during a humanitarian crisis, each hygiene kit delivers more than just soap and shampoo. It delivers a powerful message of compassion and reminds recipients that they are not alone.



350,000+ hygiene kits distributed to **24** U.S. states and territories and **15** countries

IN 2024, HYGIENE KITS WERE SENT TO:

Costa Rica
Dominican Republic
El Salvador
Gaza Strip
Haiti
Honduras
Jamaica
Lebanon
Malawi
Nigeria
Saint Vincent and the Grenadines
Sudan
Ukraine
United States
Zambia



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