

2025

ANNUAL REPORT



YOU ARE CHANGING LIVES



Dear Supporters,

Thank you. Those two words are at the heart of everything we do at Heart to Heart International. We are tremendously grateful for your generosity and your dedication to improving health for people around the world—whether they are living in under-resourced communities or facing the unimaginable challenges of natural disasters and conflict.

Your support is the bridge that carries life-saving cancer medications to patients in Ukraine and provides the testing needed to diagnose diabetes for someone who otherwise wouldn't have access to care. Because of you, basic hygiene supplies reach families displaced by crisis, providing a first line of defense against illness and returning a sense of normalcy when everything else feels lost.

It is difficult to fully express the depth of the difference you make, but we've compiled this report to show you the difference you made. In 2025, your kindness reached millions of people across the U.S. and 33 other countries. You were there in the moments that mattered most.

We want you to hear directly from our partners and those whose lives you've touched:

- In Lebanon:** "These donations have had an outstanding impact on the many patients we serve. Thank you!"
- In North Carolina:** "Medications have made a tremendous impact reaching underserved communities, especially in rural areas."
- In the Dominican Republic:** "I have never seen such goodness from anyone. May God bless our supporters."
- In Florida:** "The donations helped us fill a critical gap in care and brought real hope to the communities we support."

You are the reason these moments of hope and healing are possible. As you read through this report, I hope you see the true impact of your gifts and the transparency with which we steward your trust. We are honored to do this work alongside you.

Together, we are changing lives.

Gratefully,

Kim Carroll
CEO, Heart to Heart International



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DISASTER RESPONSE

- 18 disaster responses**
- 12 new and 6 ongoing, including:
 - Wildfires in California
 - Flash Flooding in Texas
 - Earthquake in Myanmar
 - Conflict in Sudan and Ukraine
 - Hurricane Melissa in Jamaica

Disaster Preparedness kits distributed to:
2,500 healthcare workers in **25 states**

2 laboratories installed

When Disasters Strike, We Stand Together

When a crisis hits, life changes in an instant. At Heart to Heart International, our mission is to show up, distribute aid, and provide support for the community and the frontline workers who hold it together in that instant and beyond. Thanks to our donors and partners, we responded to **18 disasters globally** in 2025, delivering **\$1.4 million** in aid, including **239,000 hygiene kits** across **11 states** and **10 countries**.

Immediate Relief Across the Globe

From natural disasters to man-made conflicts, our Disaster Response Team moved to reach those in the hardest-hit areas. We supported local mobile health teams that provided medical care to more than **14,000 patients** following an earthquake in **Myanmar** and the ongoing civil war in **Sudan**.



In **Jamaica**, following the devastation of Hurricane Melissa, our volunteer medical teams deployed and treated nearly **900 patients**. Volunteer RN Lisa Little recalls the intensity of the work: *"We show up for people when they're at their lowest. It's boots-on-the-ground work—cleaning wounds, providing medication, offering a shoulder. It's messy and humbling and exactly what life demands of us sometimes."*

Building Resilient Systems



Our responses don't end after the storms pass; we stay to strengthen local health systems for the future. As a part of our long-term disaster follow-up, our Laboratory program installed point-of-care technology in safety-net clinics in areas previously impacted by disasters. In 2025, that included in **California following the wildfires** and in **Tennessee following Hurricane Helene**.

These labs are already changing lives. In Tennessee, a patient with an alarmingly high A1C level received immediate testing and education, allowing them to reduce their A1C by 8% by their next visit. At Medical Missions Adventures in California, one woman was empowered to take control of her health after seeing instant results, and *"if not for the availability of the tests, her diabetes might have been uncontrolled to this day."*

Equipping the Frontline

When a disaster strikes, local health clinic workers are the first and last lines of defense. To support these essential workers, we began distributing **Healthcare Workers Disaster Preparedness kits**. These backpacks—filled with essentials like N95 masks, first aid kits, chargers, and oral rehydration solutions—ensure that providers are prepared to care for themselves so they can continue to care for their community.

Clara Reynolds of the Crisis Center of Tampa Bay in Florida shared the impact of this support: *"In order for us to respond to storms in our community, we have to be sure our staff is ready to conquer the storms. We are so grateful for these backpacks."*

By continuing to support these communities long after the news cameras leave, we are helping build a more sustainable and healthy future for all those living there.



┌ *"Our goal is to stand with the communities that face the brunt of natural disasters year after year."*

- Tena Tiruneh, HHI Senior VP of Programs ┐

Hygiene Kits

Hygiene kits are essential to HHI's mission to improve health domestically and internationally. For those facing natural disasters, conflict, or poverty, these kits are essential for preventing disease and help restore a sense of normalcy.




This year, our hygiene kits reached families impacted by the **California wildfires, Hurricane Melissa, Texas flooding** and the **earthquake in Myanmar**. We also provided critical supplies to families displaced by **conflict in Gaza and Sudan**.

The impact was also felt in under-resourced communities like **Malawi**, where we provided students with essential soap and washcloths that are otherwise unavailable. Our partner reported: *"The health of these youth will be improved immensely! They were so happy!"*

And, by distributing hygiene kits to schoolchildren in **Syria**, we are helping protect their health and support a cleaner learning environment. As our partners told us: *"Together, we're not only responding to immediate needs but investing in the wellbeing and future of the next generation."*

Access to Medicine

When essential medications are unavailable or inaccessible, HHI's Access to Medicine program bridges the gap. In 2025, we delivered life-changing treatments and medical supplies to communities across the U.S. and around the globe, ensuring that the standard of care remains high even in the most challenging environments.

- In Ukraine**, HHI shipments provided **1.7 million doses of mental health and oncology medications**, which were critical for maintaining treatment during the upheaval of war. *"These medicines allowed patients to continue treatment without interruption,"* shared our partners at Mission Kharkiv, *"ensuring timely care during wartime shortages."*
- In Papua New Guinea**, HHI's support provided the supplies and essential medications needed to treat Patrisa, a young girl suffering from malnourishment and tuberculosis. Thanks to these donations, Patrisa **underwent a total transformation**, gaining weight and strength before being discharged to her grateful grandmother.
 
- In the United States**, even non-prescription medications provide vital care for those facing financial barriers. At NC MedAssist, our partners shared the story of **a young mother-to-be who had run out of prenatal vitamins** with no means to buy more. Her relief upon finding them highlights the daily reality for many families.

By filling a critical gap in healthcare access, these donations of medicines and medical supplies improve quality of life and support healthier communities.



HYGIENE KITS

353,163 Hygiene Kits to:
24 states & 14 countries

12,140 volunteers invested
14,262 hours assembling
hygiene kits



ACCESS TO MEDICINE

\$295M in medicines
and supplies shipped to:
272 partners in
37 states & **32** countries

Totaling:
1.3M pounds of aid
44M doses of medicine



TOP 5 CATEGORIES OF MEDICINES SHIPPED, IN DOSES:

Cardiac – 14.2M • Mental Health – 8M • Thyroid – 6.3M
Anti-infective – 3.6M • Gastrointestinal – 3.3M



Community Health

Our Community Health program builds sustainable health equity through local partnerships and preventative care. By working with trusted local organizations, we provide critical resources, including **health education** at Native American health events, **vaccinations** for unhoused individuals, **vision screenings** in elementary schools, **diabetes screenings** at community health fairs, among many other services.

In 2025, we expanded our reach by providing **essential mobility equipment**, including wheelchairs, to ensure transportation is never a barrier to wellness. As our partners at Care Beyond the Boulevard noted, *“To be able to have wheelchairs to give people when they need them is a gamechanger. It ensures they have what they need to get to the services they need.”* This sentiment was echoed by our partners at El Centro, who shared, *“Your dedication truly makes a difference,”* and our partners in Clay County, who emphasized how much local families benefited from these collaborative efforts.



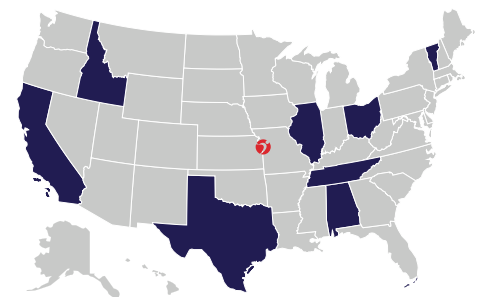
COMMUNITY HEALTH

3,356 individuals served:
108 events in the community
372 A1C tests performed
594 vaccines administered



Laboratory

Our Laboratory program strengthens the capacity of free and charitable clinics by equipping them with permanent, modern laboratory equipment, and removing the wait time between testing and treatment. This allows medical providers to deliver accurate results and start treatment protocols during a single patient visit. This year, the impact was felt across our network.



LABS INSTALLED IN 2025

At Mobile Care Chicago, these labs were used to **quickly identify prediabetes and lead exposure in children**. Because results were immediate, the clinical team provided instant guidance to parents and schools, preventing potential hospitalizations. As the clinic shared: *“Parents expressed deep gratitude for receiving this critical information and for not being left to navigate it alone.”*



At Charis Health Center in Tennessee, the program helped a patient who had struggled for years with chronic health challenges. As the first to use the new point-of-care lab, he saw his **HA1C levels stabilize and his mental well-being improve** through real-time feedback. The clinic told us: *“This success exemplifies the power of combining compassionate, patient-centered care with cutting-edge technology. We’re honored to support our patients through every step of their health journey.”*



LABORATORY

9 clinics in **8** states received lab technology, resulting in:
5,085 tests performed
4,199 patients tested

“Working with HHI in providing point-of-care testing, and training to ensure it is quality driven testing, is a way to help others in times they may need it most. I am humbled to be of service to those who are less likely or able to access the medical care they need.”
- Beverly Sumwalt, Laboratory Program Volunteer

Honoring Your Trust Through Financial Transparency

At Heart to Heart International, our mission is built on a foundation of trust. We recognize that every dollar contributed represents a donor's commitment to global health, which is why we prioritize the highest standards of financial transparency and accountability.

Donor support is behind every box of medical aid we ship, every point-of-care lab we install, and every disaster we respond to. We take our role as stewards of those donor resources seriously.

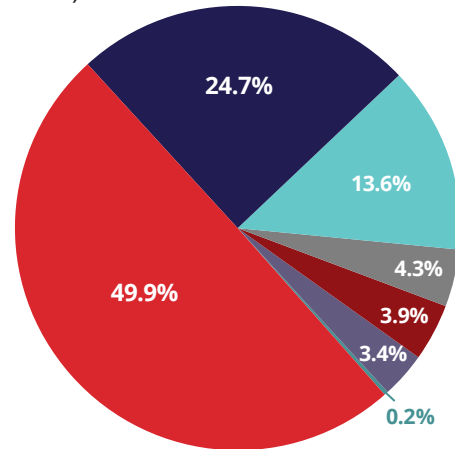
Please explore these financials to see the impact of your support. We are honored by your trust and remain dedicated to an open, honest partnership as we work toward our mutual goal: improving health access and equity throughout the world.



Where We Sent Aid in 2025 (Gift in Kind, Purchased Aid, and Grants)

\$295.5M

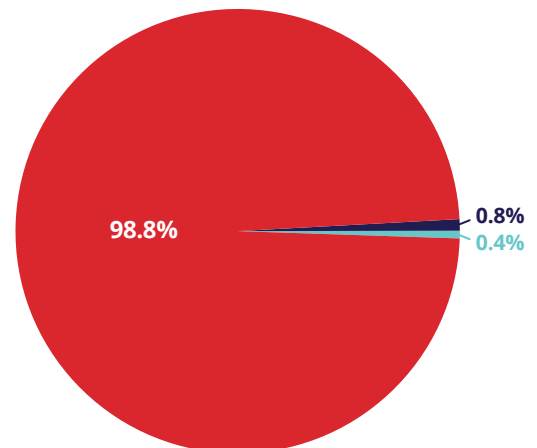
49.9%	Ukraine	\$147,534,529
24.7%	South and Central America	\$73,100,024
13.6%	Caribbean	\$40,169,013
4.3%	North America	\$12,752,284
3.9%	Asia	\$11,391,590
3.4%	Africa	\$9,904,799
0.2%	Middle East	\$651,648



Expenses (including Gift in Kind)

\$304.6M

98.8%	Total Program Expenses	\$300,875,053
	International Expenses	\$285,070,108
	Domestic Expenses	\$15,804,945
0.8%	Administration	\$2,469,108
0.4%	Fundraising	\$1,265,816



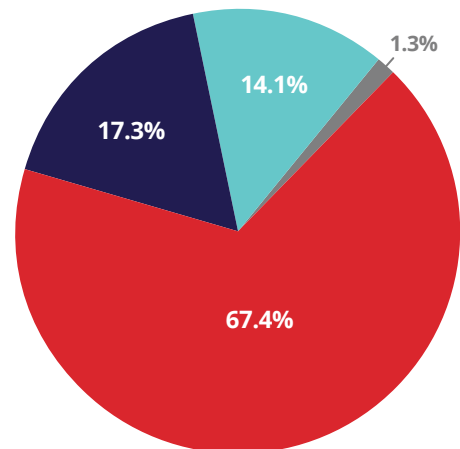
Consolidated Statement of Financial Activities

	2025	2024
Support and Revenue		
Gifts in Kind	\$338,223,325	\$222,060,884
Cash Contributions	\$5,478,321	\$8,752,169
Program Revenues	\$2,497,965	\$1,440,348
Investment Income, Net	\$948,151	\$571,437
Other Revenues	\$34,199	\$912,926
Total Support and Revenue	\$347,181,961	\$233,737,764
Program Expenses		
Access to Medicine	\$294,781,339	\$276,064,619
Disaster Response	\$3,042,933	\$5,636,572
Community Health	\$658,065	\$525,615
Labs	\$1,023,039	\$2,005,020
Hygiene Kits	\$1,369,677	\$896,879
Total Program Expenses	\$300,875,053	\$285,128,705
Supporting Activities		
General and Administrative	\$2,469,108	\$1,506,100
Fundraising	\$1,265,816	\$1,128,070
Total Supporting Activities	\$3,734,924	\$2,634,170
Total Expenses	\$304,609,977	\$287,762,875
Change in Net Assets	\$42,571,984	\$(54,025,111)
Net Assets, Beginning of the Year	\$26,883,464	\$80,908,575
Net Assets, End of the Year	\$69,455,448	\$26,883,464

Cash Contributions 2025

\$5.5M

67.4% Individuals	\$3,689,755
17.3% Foundations & Grants	\$949,458
14.1% Corporations	\$769,855
1.3% Clubs and Organizations	\$69,253



By The Numbers in 2025

Donors & Volunteers

35,592

Volunteer Hours Served

Donors from

50 States +
Washington DC
Virgin Islands

23 Countries

Aid Shipped

\$295M

in Medical & Humanitarian Aid

to

32 Countries **37** States

353,163

Hygiene Kits Distributed



Our Mission

Heart to Heart International seeks to improve healthcare access in the U.S. and around the world by ensuring quality care is provided equitably in medically under-resourced communities and in disaster situations.

Our Vision

We imagine a world in which every person has access to a healthy life and every community has the capacity to make that access a reality. We believe that sustained access to health sets the foundation for individual and community development. In everything we do, we work to broaden access to healthcare services and build capacity for health.



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11550 Renner Blvd. | hearttoheart.org
Lenexa, KS 66219 | (913) 764-5200

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